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MASOKO

Ya M.C.A.

Community---Belonging---Neutrality---Relevance

APRIL 2024 | EDITION 6

From the Mozambican Community Association in the USA



Contributors: Félix Simione; Jorge Tacuara; Lindie Massinga-Sanders, PhD; Ângelo Nkutumula; Iolanda Mause; Tayra Benfica; Marina Thembo; Rebeca Mashava; Vanessa Macamo.

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From the President's Desk

MASOKO Edition VI

MCA is a Nonprofit Organization 501C3.

Spring greetings brothers and sisters in North America. We are journeying the third year of MASOKO.

In this edition, I want to take a moment to express my heartfelt gratitude to Felix Simione for all the incredible work he has done as the Masoko Editor during his tenure. Felix has demonstrated dedication, creativity, and attention to details, and elevated our newsletter to new heights. His ability to curate and present written and graphical information has been captivating and made Masoko a valuable resource of our MCA community. We are truly grateful for the time, effort, and energy you have invested in making our newsletter a success. As you continue with your responsibilities as a father, husband, student, and economist, we wish you all the best. We hope you continue to be part of the Masoko newsletter.

Secondly, I want to congratulate and welcome Vanessa Macamo as the new Masoko editor. Although Vanessa has big shoe to fill, we trust that she will do it just fine, and we hope that in this period of celebration of women at an international and national level, this will be an opportunity to demonstrate leadership skills and adaptation to these new tasks. We will be here to support you.

I also want to thank all Masoko writers and contributors (Angelo Nkutumula, Iolanda Maússe Jorge W. Tacuara, Dr. Lindie Massingue, PhD, Marina Nkutumula, Tayra Benfica, Vanessa Macamo, and Rebeca Mashava) for their dedication, professionalism, and sacrifice.

QUICK Highlights:

- Feliz Dia da Mulher Moçambicana, dia 7 de Abril! Fifty-three years of celebration and honoring women's contributions to Mozambique!
- 2024 reSURGEance Business/Investor Conference in Mozambique. 2024 is the Year of Return – Everyone is invited to attend Maputo-Mozambique reSurgence historic diaspora event.
- Child Sponsorship program: Orphaned children at Maputo. Please continue to be a blessing to them. Thank you padrinhos!
- MCA is officially registered as a non-profit, under 501c3 IRS Code. All donations, contributions, membership dues, and gifts are tax deductible. Please consult your tax specialist.
- The MCA has a new Logo. Please check it out.

Mozambicans in North America, proactive and united in the diaspora

MCA—We Believe in Community



RESURGENCE. CONFERENCE 2024



By Lindie Massinga-Sanders, Ph.D

The term resurgence “signifies a renewal or revival after a period of interruption or inactivity.” Notice that it leaves the cause of this inactivity to one’s interpretation. In our case, the Mozambican diaspora, after many years of solo trips and isolated efforts, we have decided to rise, gather our friends and forge ahead with plans to recharge micro-, small- and medium enterprises in our motherland.

It all started in November 2023 when MCA led a delegation of 20 Mozambican businesspeople, of whom 12 came from the USA and 8 from the motherland, on November 16-19, 2023, in Harlem, New York. The delegation participated in a 3-day reSURGEncE Conference with over 200 top businessmen/women, government officials, and executives from banks and financial institutions in North America, the Caribbean, and African countries. They discussed practical ways to advance business and access to financial capital.

The New York conference, coupled with the Biden-Harris US-Africa Initiative to mobilize a diaspora-driven engagement with Africa, created a pathway for MCA to partner with the reSURGEncE (USA) to take this brand to Mozambique. When considering a local partner for this endeavor, the Association of Small and Medium Enterprises (APMEs) headquartered in Maputo seemed like a perfect fit because it has offices throughout Mozambique.

At the time of this publication, preparations are in place for a 3-day conference in Maputo, July 26-28, 2024. At this conference entitled “The Year of Return” the Mozambican diaspora from various parts of the world (USA, Italy, France, Germany, UK, Portugal, Spain Uganda, Malawi, and South Africa) will converge on the city of Maputo. At this conference, local businessmen/women, the African Diaspora, government entities, investors, and financial institutions will gather to discuss and evaluate business opportunities, draft, and enter meaningful contracts to secure financial investments in agribusiness, education, hospitality, and tourism, and much more. The conference will follow a format of Workshops, Townhall Media forums, Business Exchange, and Data reporting. Additionally, the twinning of US-Mozambican cities will also create needed synergies to propel socio-economic development between the sister-cities.

In preparation for the conference, experts in business strategy, marketing & promotion, and financial management will train participants on how to prepare a business portfolio for possible funding for 8-10 weeks. Participants will present their projects at the conference.

The benefits of such a conference are many. It will provide unparalleled networking opportunities for all participants; brand and rebrand for greater impact; increase diaspora investment in Mozambique; improve investor satisfaction regarding development of their respective investments; connect local businesses to international markets through AGOA; share best practices and expand entrepreneurial practices. Ultimately, we expect the conference to create more opportunities for youth and fuel economic growth that can be measured over time. We also expect this to be the first of many Diaspora conferences in various areas.

To register for the reSURGEncE Mozambique Conference 2024, please visit: www.resurgencemoz.com. You may also email us at: info@resurgencemoz.com.



MOZAMBICANS WOMEN'S DAY

By Jorge W. Tacuara*

Women's role in society is multifaceted and essential. Women have shaped families, communities, nations, and the world throughout history. Women have proven their capabilities as leaders in revolutionary movements, national politics, business, academia, and other fields. Their voices and perspectives bring diversity and fresh ideas to decision-making, leading to more inclusive and effective outcomes. In Mozambique, women have played vital roles in various domains, including but not limited to the armed struggle against Portuguese colonialism, leadership, and economic development. Josina Mutemba Machel (1945-1971), born and reared in Inhambane, was a young Mozambican revolutionary woman who joined FRELIMO fighters at age 18 to fight against the Portuguese colonial occupation. Despite her untimely death on April 7, 1971, after a brief illness on April 5, 1971, in Muhimbili Hospital in Dar es Salam, Tanzania, Machel is celebrated as the epitome of a woman's courage, resilience, dedication, patriotism, and motherhood¹.

Josina's story has inspired many women in Mozambique and beyond. Her legacy is celebrated each year on April 7 as Mozambique Women's Day. Like Josina, women in Mozambique continue to play a pivotal role as the family's foundation rock, the country's moral compass, and the voice of compassion and love. Defying the odds of cultural and traditional challenges, women have risen to become leaders, educators, economists, artists, and more.

In this Masoko edition, we introduce you to Vanessa Sissi Lázaro Macamo Santana, a remarkable individual with a fascinating background and thirst for knowledge and leadership. Vanessa is a Mozambican Fulbright scholarship recipient pursuing her Ph.D. in Special Education at the University of Arizona in the United States.

With a passion for education and an interest in special education, Vanessa believes education is for everyone regardless of disability status and socioeconomic background. She dedicates her time to studying for her Ph.D., being a mother, volunteering, and helping others find academic scholarships to study abroad and work opportunities in Mozambique and the diaspora. Her journey began in Maputo, Mozambique, at a young age, and through hard work and determination, in 2015, she was able to establish and inaugurate her very first preschool, "O Cantinho da Sissi," focusing on early childhood education in an inclusive environment. Furthermore, she developed her television program "O Cantinho da Sissi: I Believe" as a host to promote positive attitudes within Mozambican society, particularly among adolescents and young individuals. Beginning on

July 29, 2021, the program strived to be fully inclusive by offering live broadcasts in sign language.

Masoko is delighted to announce Vanessa as the new Masoko editor. She takes over Felix Simone's coordinating and editing responsibilities. Vanessa has been part of the Masoko since its inception and has written articles for well-known Newspapers such as Mozambique News Agency (AIM - Jornal notícias). Vanessa strives for excellence and is always seeking new challenges. With open arms, the MCA leadership and Masoko team welcome Vanessa as the new Masoko editor. They are confident she will be an outstanding editor and take Masoko to new levels.



Vanessa Macamo Masoko New Chef Editor

To honor Josina Machel's legacy, Mozambicans celebrate April 7 as Mozambique Women's Day. This year, the Mozambican Community Association (MCA) in the U.S.A. is in full gear to celebrate this important date in Washington, D.C. (address: Nancy H. Dacek North Potomac – Community Recreation Center). The event will feature special invited guests from the Mozambique Embassy and Washington local government authorities. As a highlight, the event will also showcase Mozambican traditional dishes prepared by Chef Amilcar Marima, fundraising, and traditional artifacts, such as a *capulana*, *beadwork*, and the *Makonde wooden sculptures*, to name but a few. You won't wanna miss it!

Newitt, M. D. D. (2017). *A short history of Mozambique*. Oxford University Press.

By Jorge W. Tacuara, Ph.D. Candidate-Public Policy and Administration



Entry Visa in Mozambique—its Effects (2)

By Ângelo Nkutumula *

Following up on the discussion of the visa waiver issue, several issues remained unresolved; in this article we continue with the following:

1- A Mozambican with dual nationality - Entry requirements into national territory.

A Mozambican citizen who has acquired another nationality will only be subject to compliance with the entry requirements stipulated in **Decree nr. 10/2013 of March 31**; This is applicable when they present themselves to the national immigration authorities or identify themselves as a foreigner holding a passport of the country of the other nationality.¹ However, if the opposite happens, they will be treated in the same way as a national citizen in the same situation.

2- Dual nationality and its effects on the citizen in the national territory

While on national territory, regardless of how the person has identified himself at the time of his entry (with a foreign or Mozambican passport), he will be treated as a Mozambican during the period of stay.

According to the article 33 of the Constitution of the Republic of Mozambique (Prevalence of Mozambican nationality), no other nationality is recognized or produces effects in the domestic legal order for individuals who, under the terms of the legal system of the Republic of Mozambique, are Mozambicans.

What is meant by the above rule is only that, although the Mozambican State recognizes that a Mozambican citizen has

acquired other national, such nationality in Mozambican territory is not recognized and does not produce any effect.

In other words, when a Mozambican citizen is in Mozambique, he will be treated as a Mozambican although he has acquired another nationality.

3- Length of stay on national territory.

The above-mentioned decree does not answer the question regarding the length of stay on the national territory for a



Mozambican who has presented himself to the immigration authorities upon his entry into Mozambique as a foreigner.² However, we believe, unless we have a better opinion and knowledge of how the individual was processed on the computer system it is fair to assume that they have been processed as a foreigner; therefore, the period of his stay should be the one established by law for foreign citizens; despite having a Mozambican nationality. Violation of this law persons may be subject to the penalty of incurring the payment of the respective fines and other legal procedures.

¹ The entry requirements are set out in the previous edition, so we refer the reader to read it.

² The Visa Waiver Decree establishes a maximum period of 30 days, which may be extended upon application by the interested party to the competent authorities.

Thus, we believe, unless we know better, that a request for extension of the period of stay must be made by the interested party, in the manner established by law.

However, if an individual presents himself as a Mozambican citizen, they will be treated the same as that of any other Mozambican citizen.

4- Entry into national territory as a foreigner and exit as a national (vice versa)

It may happen that a Mozambican citizen enters Mozambican territory as a foreigner but intends to leave it as a Mozambican.

Again, because the above-mentioned decree does not deal with this situation, we believe that such a situation would give rise to certain procedural complications.

Thus, we conclude that, when an individual entered the country identifying himself as a foreigner, the computer system will record him as such, and it is necessary to obey the term of stay. It is also important that when he departs the country to identifies himself as a foreigner.

In addition, if you leave the national territory as a Mozambican, you must present the entry visa for the destination country, unless you are exempt.

In a different situation in which a Mozambican citizen carrying a foreign passport presented himself at the port of entry as a Mozambican but intends to leave as an American citizen the question that will arise is: when and how did the foreign passport holder enter the country? This is because the Mozambican government has established laws and rules for entry, permanence and exit from the national territory.³

5- Mozambicans without residence in Mozambique

One of the requirements for entry, stay and exit from the national territory, within the scope of the decree already mentioned, is the presentation of the place of accommodation.

The question is whether Mozambicans without residence in Mozambique are required to provide an address to the place where they will be staying if they present themselves to the immigration authorities as a foreigner (US passport)

If they do not provide the address to the immigration authorities, even if they are Mozambicans, can they be denied entry to Mozambique? Yes, it is required to provide the address to where they will be staying during their visit, even though you may have a Mozambican nationality.⁴

However, there are also unofficial reports of situations in which such a requirement has been deprecated.

Thus, we do not have evidence s to categorically state that if you do not have a place of accommodation, the entry of the Mozambican citizen who presents himself as a foreigner will be denied.

With the above, we believe that there is a need for better standardization of procedures and greater dissemination of information related to the matter.

Also, we believe that there is a need for better standardization of procedures and greater dissemination of information related to this matter.



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³ As we have mentioned, this information is based on a legal and procedural analysis. It can be countered by a better understanding of the subject. Because we are not aware of the existence of a Regulation that deals with this specific matter (entry, stay and exit of dual nationals), we reserve the right to make this information merely analytical.

⁴ Although there are also unofficial reports of situations in which such a requirement has been deprecated. Thus, we do not have solid grounds to categorically state that if you do not have a place of accommodation, the entry of the national citizen who presents himself as a foreigner will be prevented.



BACK TO SCHOOL WITH MCA



The "Back to school" event with MCA took place on January 20th, where numerous prizes were awarded to our students. This occasion provided a wonderful opportunity for us to gather, learn, dance, interact, laugh, and connect with other students from the Mozambican Community in the U.S. MASOKO



BACK TO SCHOOL WITH MCA

ARE YOU READY TO PLAY, DANCE AND LEARN AGAIN?

DON'T MISS THIS SATURDAY 01/20/24,

11:00AM EAST TIME (US&CANADA)

MEETING ID: 865 09363181

PASSCODE: 711740





DE VOLTA À ESCOLAS COM MCA (1/20/24)

QUESTIONÁRIO SOBRE MOÇAMBIQUE

- QUANTAS PROVÍNCIAS TÊM MOÇAMBIQUE?
- QUEM FOI O PRIMEIRO PRESIDENTE DE MOÇAMBIQUE?
- QUANTAS LÍNGUAS MATERNAS TEMOS EM MOÇAMBIQUE?
- EM QUE ANO MOÇAMBIQUE FICOU INDEPENDENTE?
- QUAL É O REGIME POLÍTICO EM MOÇAMBIQUE?
- QUAL É A POPULAÇÃO TOTAL DE MOÇAMBIQUE ?
- INDICAR PELO MENOS TRÊS ETNIAS MOÇAMBICANAS?
- INDICAR PELO MENOS TRÊS RIQUEZAS MOÇAMBICANAS?
- INDICAR PELO MENOS 3 GÊNEROS MÚSICAIS DE ORIGEM MOÇAMBICANA.
- O QUE SE CELEBRA A 4 DE OUTUBRO?
- QUAL E A RAZÃO DA CELEBRAÇÃO DO DIA 7 DE ABRIL?
- QUAL É A CAPITAL DE MOÇAMBIQUE?
- DE EXEMPLO DE 3 CIDADES DE MOÇAMBIQUE, EXCEPTO A CAPITAL?
- QUAIS SÃO OS PAÍSES QUE FAZEM FRONTEIRA COM MOÇAMBIQUE?
- QUAL É A EXTENSÃO TERRITORIAL DE MOÇAMBIQUE?



Parabéns aos vencedores do nosso recente concurso!

Comissão organizadora:
Organizadores: MCA (Associação da Comunidade Moçambicana)
Apresentadora e facilitadora do evento: Vanessa S. L. Macamo Santana
Membros do Júri: Hercilio Zimila & Ntsumi Machiana
Elaboração das perguntas: Marina Thembo
Revisão e edição das perguntas: Hercilio Zimila, Ntsumi Machiana& Vanessa S.L.Macamo Santana





BACK TO SCHOOL WITH MCA (1/20/24)

AND THE WINNERS ARE...

DANCE CONTEST

- ANAYA DE BRITO - MANDLATE
- FELICIA ZAWANGONE SIMIONE
- SARAH SITEFANE
- ZOE NKUTUMULA

MOZAMBIQUE QUIZ (8-15 YEARS)

1. LANA DOS SANTOS
2. AMLIO ANDRE SIMIONE

FIRST LETTER AND LAST LETTER (8 -15 YEARS)

1. ANAYA DE BRITO - MANDLATE
2. LANA DOS SANTOS
3. AMLIO ANDRE SIMIONE

MOZAMBIQUE QUIZ 2 (16 - 21 YEARS)

1. NAYLA FALUME
2. FELISBERTO PONDECA
3. CAMILA PONDECA

PERSON, PLACE, THING (16 -21 YEARS)

1. NAYLA FALUME
2. CAMILA PONDECA
3. FELISBERTO PONDECA

PRIZE FOR THE FIRST 5 PARTICIPANTS THAT JOINED®ISTERED

- AMLIO ANDRE SIMIONE
- FELICIA ZWANGONE SIMIONE
- CAMILA PONDECA
- FELISBERTO PONDECA
- ZOE NKTUMULA

Congratulations to the winners of our recent contest!

Thank you to everyone who participated and congratulations to the winners. We will announce the parents who win the contest very soon.

organizing committe:
Organizer: MCA (Mozambique Community Association)
Host: Vanessa S. L. Macamo Santana
Jury: Hercilio Zimila & Ntsumi Machiana



What to do if I am being bullied at School?






By Tayra BENFICA*

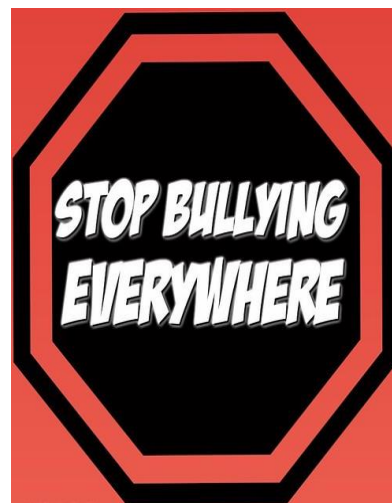
Being bullied is hurtful, scary, and confusing. When bullying is aggressive and physical, it can be dangerous. Bullying is a serious issue that can have long-lasting effects on a person's mental and emotional well-being. If you find yourself being bullied at school, it's important to take action to protect yourself and seek help from adults or authorities.



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Here are some steps you can take to address bullying at school.

-  **Stand up for yourself:**
If you feel safe and comfortable doing so, assertively stand up to the bully and let them know that their behavior is not acceptable. Use confident body language and assertive communication to make your point.
-  **Don't fight back.**
Don't try to bully those who bully you.
-  **Seek help:**
Don't be afraid to reach out to a trusted adult, such as a teacher, counselor, or parent, for help. They can provide guidance and support, and help you come up with a plan to address bullying.
-  **Build a support system:**
Surround yourself with friends and classmates who support you and stand up against bullying. Having a strong support system can help you feel less alone and more empowered to address the situation.
-  **Stay calm:**
It's natural to feel upset or scared when you're being bullied but try to stay calm and composed. Don't react with anger or aggression, as this may escalate the situation further.



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TIPS FOR LIFE

-  **PRAY / MEDITATE.**
-  **VOLUNTEER**
-  **BE PRESENT**
-  **REST**
-  **PRACTICE GRATITUDE**
-  **LOVE**
-  **EXERCISE**

*Tayra Benfica is a Mozambican-born college student in the USA.

Maputo CITY

A Pérola do Oceano Índico, Mozambique's Capital City.

By Iolanda Mause

Brief history

Maputo city is the capital of Mozambique. Maputo is the main financial and corporate mercantile center of the country. The municipality of Maputo occupies an area of 346.77 m² bordering the district of Marracuene, to the north. The municipality of Matola, to the northwest and west; the Boane district to the west and the district of Matutuine, to the south; all belonging to Maputo province. Founded in the 16th century, it served as the main Portuguese entry point of the Indian Ocean. Until 1976, the city was named Lourenço Marques. After independence in 1975, it is now nicknamed the city of acacias due to its adornment of acacia trees all over the city.

Culture

Maputo is a vibrant and culturally rich destination. The city boasts colonial architecture, with diverse traditions including the city's gastronomy, traditional dance, music, and sights. Capulana is an example of one such widely loved part of the culture; it is a piece of fabric worn and owned by every Maputo lady, and in all of Mozambique; it is a cloth that carries the history of Mozambican women in their daily lives and especially on the 7th of April that Mozambican women's day is celebrated.

Some Maputo Landmarks (Touristic sites)

The Fortress of Maputo is one of the emblematic monuments of the city and the country.

Another landmark is the Iron House, which was a prefabricated property, imported from Belgium.

It is now the Ministry of Culture and Tourism and is open to the public. The Natural History Museum has various traditional musical instruments on display and African savannah animal such as lions, giraffes, hippos, and rhinoceroses. An important symbol of the country is the Independence Square, which houses the statue of the first president of independent Mozambique, Samora Moisés Machel.

Another significant Maputo landmark is the Maputo Central Railway Station (CFM). They offer guided tours of the permanent exhibition and the station building. For artisan shopping and food which are a feast to the eye and a treat to any tourist or local visitor, the best spot is FEIMA, a handcraft, flowers, and Gastronomy fair. Other notable sights to visit are the Cathedral of Our Lady of the Immaculate Conception, the National Museum of Art, and the Maputo Botanical Garden (Tunduro). There are also various beaches to enjoy, throughout the city, and a short drive away splendid blue waters in places like Macaneta Beach where one can enjoy canoeing, surfing and more. Another remarkable beach destination is the Inhaca Island which has the Coral Reefs of Ponta Torres, and magnificent coastal views. Across from the city center, is Catembe, which is easily accessible via the beautiful Maputo Catembe bridge, the longest suspension bridge in Africa. Maputo is an enchanting city. Like any capital city in the world, it has its urban city challenges, but above all else it is a vibrant city full of fun-loving welcoming people who always find something to be joyful about. It is an energetic city full of life and the electric hustle and bustle which energizes this lively pearl of the Indian ocean city.



CFM Maputo Central Railway Station 1



Matapa with Crabmeat 1



Assorted seafood 1



FEIMA - Art craft fair 1



Inhaca Island 1

While MASOKO is edited by Mozambicans in the USA, the MCA is aware that the Mozambican Diaspora community is beyond the USA. Want to be a guest writer under the *Diasporan* section of MASOKO? Reach out at masoko.newsletter@gmail.com.

Gender and Disability Justice

Access to Education and Immigration in times of Conflict: The situation of Girls and women with Disabilities in Mozambique

By Vanessa Macamo*

The International Women's Day was observed on March 8th and celebrated the global accomplishments of women in industry, politics, science, and other fields. However, more effort still needs to be made. On the other hand, as we commemorate Mozambican Women's Day on April 7, we are reminded of how critical it is to keep up the battle for women's rights and gender equality. Gender equality means both genders have equal opportunities, recognition, participation, and social possibilities. It does not mean that men and women should be the same, but that they should have equal rights and privileges.

Acknowledging that various factors, including race, gender, class, gender expression, historical context, connection to colonization, and other variables, can influence disability, in this article, I explore the intersection of gender and disability, specifically focusing on the complex experiences of women in conflict-driven migration and their access to educational opportunities.

One in five women worldwide live with a disability, and women and girls with disabilities often face multiple barriers and discrimination. In Mozambique, the percentage of women with disabilities stands at 2.4%. These women often face even greater challenges in a militarized setting, where disability is predominantly understood in masculine terms. The successful reintegration of former soldiers into society is typically prioritized, leaving women with disabilities marginalized and overlooked by the Mozambican legal system. They are routinely excluded from this process and lack access to effective administrative or judicial remedies. Moreover, the government provides minimal assistance to these women.

Mozambique is currently going through a crisis process in Cabo Delgado province, where there are armed conflicts in the fight against terrorism, affecting the lives of the population, with an impact on women and girls, with incidence for women and girls with disabilities. Hundreds of thousands of people are being forcibly displaced as they attempt to reach district headquarters and other provinces where there seems to be some security, in search of safety and sustenance, as well as migration from one province to another.

References

Samararatne, D., & Soldatic, K. (2018). Transitioning with Disability: Justice for Women with Disabilities in Post-War Sri Lanka. *Rethinking Transitional Gender Justice*, 315–337. https://doi.org/10.1007/978-3-319-77890-7_16; Plan International <https://plan-international.org/future-girls-want>; Atlas Alliansen <http://www.atlas-alliansen.no/>

Girls and women with disabilities find themselves in a situation where they are left behind and vulnerable gender violence (rape and sexual slavery of girls). They also face challenges travelling long distances without transport and bad weather, as well as lacking access to housing, healthcare, and support services.



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Within the field of education, girls with disabilities face discrimination and exclusion due to their gender and disability. This makes girls and women

with disabilities less likely to attend school, get health care, or find employment. In Mozambique we continue to see poor, rural contexts where parents have more than one child and must decide who will go to school. In these situations, the parents usually choose a boy, and the girl is the last to be selected to attend school. Parents claim that their job is to look after the house, which becomes the worst-case scenario when a girl has a disability.

Women and girls with disabilities in Mozambique face challenges that need to be addressed and accommodated as a matter of urgency. It is crucial for organizations supporting individuals with disabilities, especially women and girls, to actively participate in government initiatives to assist those affected by terrorism. This will ensure their safety and improve their living conditions, promoting an inclusive society that meets the needs of all. Human rights must influence the Government's approach to addressing disability in Mozambique. Educational opportunities, security and social conditions for girls and women with disabilities should be equal to any other.

I believe. MASOKO

*
Vanessa Macamo, Ph.D. Student in Special Education, University of Arizona



Wisdom-rich proverbs from Mozambique and Africa*



Proverb (Gitonga): *Ndranga nhamba mbaka gi nhoni kandri ndranga.*

Region: Southern Mozambique (Inhambane)

Translation: A house that doesn't house birds is not a house.

MASOKO

Proverb (Lomwe): *Annamarokolo yamaka muti ori mmoha yera WECHA WINA!*

Region: Central Mozambique (Zambezia)

Translation: We must always be on the defensive because there are unpredictable things along the way. MASOKO

Proverb (XiMakonde): *Ulombani unkuva kenga ndéja.Xindivaikiila kutumbula likáayi pakulota xoonekane xivele nkaáti.Pavedoni, kenga mu ulombani, vinu vya kukamilika vinkupatikana na vinkwooneka dikapagwa dimbalati pamo na ukáli.*

Region: Southern Mozambique

Translation: Marriage is like peanuts. It's necessary to break the shell to see what's inside. Thus, as in marriage, the most valuable things require effort and courage to be discovered. MASOKO

Source : [African Proverbs Page \[Facebook\]](#)

*The above proverbs were kindly researched by **Rebeca Mashava**, a Mozambican living in the USA.

Share your Mozambique-rooted wisdom with MASOKO. Words can inspire and change lives.

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Mozambican American Beauty

Carolina MacDermid

Introducing Our Miss Maryland USA Finalist!

By Iolanda Mause

Let's celebrate and congratulate this American daughter of Mozambique, on becoming a Miss USA Pageant finalist for the state of Maryland!

Carolina will be a participant in the Miss USA programs including various shows, and we hope our community can come out to support her and follow her amazing journey and all the shows live and virtually for those who live far from the locations to be announced in the near future.

In her own words.... "With a remarkable journey spanning from the vibrant lands of Mozambique to the diverse tapestry of the DMV, I embody a profound commitment for progress and transformation. As an esteemed Executive Assistant to one of D.C.'s top social services non-profit sectors, my ambitions soar far beyond the ordinary. I envision a future as both a journalist and a captivating TV host. My polyglot essence (Portuguese being my native language), a fusion of Mozambican- American heritage, imbues me with a kaleidoscope of cultural nuances shaping a unique worldview that shines brightly in the realm of advocacy. I advocate tirelessly for underprivileged families and children in need. I aim for my voice and aspirations to be a true testament to my community and the people, that following one's true passion comes with enduring power and overcome adversaries, one must be poised to illuminate the world with unwavering grace and boundless spirit. Amidst my bustling schedule, I find solace in the simple joys of hiking, dancing, and stargazing through my telescope, my eyes set on the celestial wonders above. A dreamer with a cosmic ambition, I harbor a fervent hope that my passion for astronomy will one day propel me to the very edges of possibility, perhaps even to the moon itself".

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YOU MAY HAVE SEEN HER ON TV...

VANESSA SISSI, OUR MOZAMBICAN SISTER ALWAYS TRYING TO LEARN FROM THE COMMUNITY TO SHARE CONSTRUCTIVE LIFE ADVICE FOR THE BENEFIT OF ALL OF US.



@vanessa.sissi1
@o_cantinho_da_sissi



C.daSissi
Vanessa Sissi

@vanessasisi1622



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An informative social scholar and former Television Presenter of diverse and interesting community topics which affect our day to day lives and general societal interactions. Now residing in the USA, Vanessa has directed her focus to her passion for Education. Visit her pages to see her new noble journey dedicated to academic networking. Interact with her in her exchange & information-share platforms about possible scholarships, higher education tips for success from great advisors and educators worldwide.

Links to TV Episodes:

<https://youtu.be/-gdfznvhkco?si=sX5VklzTOUNQTjcz>

<https://www.youtube.com/watch?v=l2S4Czkneqs&pp=ygURY2FudGluaG8gZGEgc2lzc2k%3D>

https://www.youtube.com/watch?v=_PaxkcH-9I4&t=2071s&pp=ygURY2FudGluaG8gZGEgc2lzc2k%3D

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